

On Prophecy, Dreams and Human Imagination

Synesius, De insomniis

Introduction, Text, Translation and Interpretative Essays by Donald A. Russell,
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[Über Prophezeiungen, Träume und die menschliche Vorstellungskraft. Synesios, *De insomniis*.]

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Synesius' essay *De insomniis* ('On Dreams') – written soon after 400 AD by a man who was not only a highly educated Greek intellectual but also (in the last years of his life) a Christian bishop of the city of Ptolemais (Cyrenaica) – inquires into the ways and means by which a human being, while sleeping and dreaming, may make contact with higher spheres, and it does so in the light of a clearly recognizable Neo-Platonic concept of the soul and its salvation. Synesius' thoughts are thus an important contribution of Later Antiquity on topics – the place of man within the universe and his means of communication with higher powers – that not only were of high concern for his contemporaries, but still are today for religiously- and philosophically-minded people. Besides introduction and translation (with notes), several essays shed light on the work from the perspective of various disciplines.

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